Designed for the Ultimate Run



Experience a natural, satisfying run with the industry's most advanced frame and deck combination, plus an ultra-stable welded steel frame. Step up to T70 for a maintenance-free belt, industrial-grade AC motor and extra-wide running surface.



	T70	T50	
FRAME	Non-folding treadmill		
RUNNING AREA	56 x 152 cm / 22" x 60"	51 x 152 cm / 20" x 60"	
CUSHIONING	Ultimate Deck™ System		
BELT	2-ply, maintenance-free waxed, 2.2 mm	2-ply, 2.2 mm	
DECK THICKNESS	25.4 mm / 1"		
MOTOR	Industrial-grade, 3.0 HP continuous-duty AC drive system	3.25 HP continuous-duty Johnson Drive™ System	
SPEED RANGE	0.8 – 20 km/h / 0.5 – 12.5 mph		
INCLINE RANGE	0% – 15%		
EXTRAS	Water bottle pockets, device racheart rate grips, aluminum side ra		
DIMENSIONS (L × W × H)	201 x 92 x 153 cm / 79.1" x 36" x 60.2"	197 x 92 x 154 cm / 77.4" x 36" x 60.6"	
PRODUCT WEIGHT	138 kg / 304 lbs.	120 kg / 265 lbs.	
USER WEIGHT CAPACITY	181 kg / 400 lbs.		
HOME WARRANTY	Lifetime frame, motor and cushioning, 7 years parts, 2 years labor		
CONSOLE	Choose from three console options to customize your workout experience. See reverse for more information.		

JOHNSON EXCLUSIVE TECHNOLOGIES

At Johnson Health Tech, we invest in advanced technology that completely redefines the exercise experience. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



Our exclusive
Ultimate Deck™ System
includes a heavy-duty
frame, extra-thick deck and
industrial-grade cushions for
miles of durable performance.



The Johnson Drive™ System helps you stay in perfect rhythm with a quiet, durable, responsive 3.25 HP continuous-duty drive system that recalibrates with each footfall.

T70 TREADMILL AC MOTOR

Our industrial-grade 3.0 HP continuous-duty AC motor provides efficient, durable, responsive performance — minimal internal components require little maintenance, and an absence of internal friction keeps the motor cool and quiet.







XIR

THE ULTIMATE IN ENTERTAINMENT

Our finest console includes a stunning HD display and an intuitive home screen that offers easy access to entertainment. Includes expanded Bluetooth connectivity to user devices.

XER

INTUITIVE APP INTERFACE

Our XER console includes a clear display and an intuitive home screen that offers easy access to entertainment. Includes Bluetooth connectivity.

ΧR

SIMPLY PERFECT

Our XR console features a clean, bright display that makes it easy for you to check your workout data at a glance, keeping you on track to reach and surpass your goals.

CONSOLES	XIR	XER	XR
DISPLAY	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	• (11)	• (10)	• (5)
BLUETOOTH ENABLED	•	•	•
SPEAKERS	• (5W)	• (3W)	•
USB PORT	•	•	•
CONSOLE APPS (SEE RIGHT)	•	•	•
VIRTUAL ACTIVE™ INTEGRATED	•	•	•
VIAFIT™ CONNECTIVITY	•	•	•
PASSPORT™ READY	•	•	•
WIRELESS HEART RATE	•	•	•
POLAR® HR STRAP INCLUDED	•	•	•
READING RACK	•	•	•
ENERGY SAVER MODE	•	•	•
HOME WARRANTY	5 years parts / 2 years I	abor	



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This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.





Designed for the Ultimate Run



Experience a natural, satisfying run with the industry's most advanced frame and deck combination, plus a folding design for space-saving storage.



	TF50	TF30	
FRAME	Folding treadmill		
RUNNING AREA	51 x 152 cm / 20" x 60"	51 x 140 cm / 20" x 55"	
CUSHIONING	Ultimate Deck™ System		
BELT	2-ply, 2.2 mm	2-ply, 1.6 mm	
DECK THICKNESS	25.4 mm / 1"		
MOTOR	3.25 HP continuous-duty Johnson	on Drive™ System	
SPEED RANGE	0.8 – 20 km/h / 0.5 – 12.5 mph		
INCLINE RANGE	0% – 15%		
EXTRAS	Water bottle pockets, device rack, soft-touch buttons, heart rate grips, aluminum side rails, 4-wheel transport system	Water bottle pockets, device rack, heart rate grips, 4-wheel transport system	
DIMENSIONS (L × W × H)	207 x 91 x 158 cm / 81.3" x 35.8" x 62"	195 x 91 x 158 cm / 76.6" x 35.8" x 62"	
FOLDED DIMENSIONS (L × W × H)	105 x 91 x 194.5 cm / 105 x 91 x 182.5 cm / 41.1" x 35.8" x 76.6" 41.1" x 35.8" x 71.9"		
PRODUCT WEIGHT	135 kg / 298 lbs.	128 kg / 282 lbs.	
USER WEIGHT CAPACITY	181 kg / 400 lbs. 159 kg / 350 lbs.		
HOME WARRANTY	Lifetime frame, motor and cushioning, 7 years parts, 2 years labor	Lifetime frame, motor and cushioning, 5 years parts 2 years labor	
CONSOLE	Choose from three console options to customize your workout experience. See reverse for more information.		

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CONSOLES	XIR	XER	XR
DISPLAY	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	• (11)	• (10)	(5)
BLUETOOTH ENABLED	•	•	•
SPEAKERS	• (5W)	• (3W)	•
USB PORT	•	•	•
CONSOLE APPS (SEE RIGHT)	•	•	•
VIRTUAL ACTIVE™ INTEGRATED	•	•	•
VIAFIT™ CONNECTIVITY	•	•	•
PASSPORT™ READY	•	•	•
WIRELESS HEART RATE	•	•	•
POLAR® HR STRAP INCLUDED	•	•	•
READING RACK	•	•	•
ENERGY SAVER MODE	•	•	•
HOME WARRANTY	5 years parts / 2 years I	abor	



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A Smooth, Dynamic Full-body Workout



Count on our unique design with exclusive Suspension Elliptical™ Technology and PerfectStride™ Motion for an exceptionally smooth, ultra-comfortable exercise experience as you adjust incline to target the muscles you want to work most.



A50 A30



	A 50	A30	
FRAME	Ascent Trainer®		
VARIABLE STRIDE LENGTH	51 - 61 cm / 20" - 24"		
STEP-ON HEIGHT	22 cm / 8.7"		
POWER INCLINE	24% - 54%		
FLYWHEEL	N/A	13.5 kg / 30 lbs.	
RESISTANCE SYSTEMS	Exact Force [™] Induction Brake	ECB magnetic braking system	
RESISTANCE LEVELS	30 levels, electronic	20 levels, electronic	
PEDALS	Oversized with rubber inserts	Oversized	
PEDAL SPACING	6.5 cm / 2.6"		
HANDLEBAR TYPE	Multi-position, dual action Dual action		
EXTRAS	Water bottle holder, accessory tr with heart rate grips and resistar		
DIMENSIONS (L × W × H)	190 x 75 x 165 cm / 74.8" x 29.5	s" x 65"	
PRODUCT WEIGHT	146 kg / 322 lbs.	142 kg / 313 lbs.	
USER WEIGHT CAPACITY	159 kg / 350 lbs.		
HOME WARRANTY	Lifetime frame, 7 years parts, 2 years labor Lifetime frame, 5 years parts, 2 years labor		
CONSOLE	Choose from three console options to customize your workout experience. See reverse for more information.		

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PerfectStride[™] combines an ideal stride motion and ergonomically correct foot positioning with a variable stride length for a smooth, natural workout experience as you adjust incline to target the muscles you want to work most.



Exact Force[™] Induction Brake offers instant, smooth, precise resistance changes at the push of a button, and with no moving parts, it's quieter and more durable as well.



Suspension Elliptical™ Technology features a wheel- and track-free design to reduce noise and friction for long-lasting quality while providing a smooth, consistent feel through the ellipse.







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XER

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CONSOLES	XIR	XER	XR
DISPLAY	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	• (11)	• (10)	(5)
BLUETOOTH ENABLED	•	•	•
SPEAKERS	• (5W)	• (3W)	•
USB PORT	•	•	•
CONSOLE APPS (SEE RIGHT)	•	•	•
VIRTUAL ACTIVE™ INTEGRATED	•	•	•
VIAFIT™ CONNECTIVITY	•	•	•
PASSPORT™ READY	•	•	•
WIRELESS HEART RATE	•	•	•
POLAR® HR STRAP INCLUDED	•	•	•
READING RACK	•	•	•
ENERGY SAVER MODE	•	•	•
HOME WARRANTY	5 years parts / 2 years I	abor	



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This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.



A Harmony of Design & Natural Movement



Created to fit your home like no other, our compact suspension elliptical delivers a harmony of design and natural movement for the most comfortable, smoothest elliptical experience in the industry.



	= 50	= 30	
FRAME	Suspension Elliptical™ Technology		
STRIDE LENGTH	51 cm / 20"		
STEP-ON HEIGHT	23 cm / 9.1"		
POWER INCLINE	N/A		
FLYWHEEL	N/A	10.5 kg / 23.1 lbs.	
RESISTANCE SYSTEM	Exact Force™ Induction Brake	ECB magnetic braking system	
RESISTANCE LEVELS	30 levels, electronic	20 levels, electronic	
PEDALS	Oversized with rubber inserts	Oversized	
PEDAL SPACING	6.5 cm / 2.6"		
HANDLEBAR TYPE	Multi-position, dual action Dual action		
EXTRAS	Water bottle holder, accessory tray, stationary handles with heart rate grips and resistance toggles		
STATIC FOOTPRINT (L × W × H)	146 x 74 x 172 cm / 57.5" x 29.5" x 67.8"		
ACTIVE FOOTPRINT (L × W × H)	175 x 74 x 172 cm / 68.9" x 29.5	i" x 67.8"	
PRODUCT WEIGHT	133 kg / 293 lbs.	129 kg / 284 lbs.	
USER WEIGHT CAPACITY	147 kg / 325 lbs.		
HOME WARRANTY	Lifetime frame, 7 years parts, 2 years labor Lifetime frame, 5 years parts, 2 years labor		
CONSOLE	Choose from three console options to customize your workout experience. See reverse for more information.		

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XER

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XR

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CONSOLES	XIR	XER	XR
DISPLAY	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	• (11)	• (10)	(5)
BLUETOOTH ENABLED	•	•	•
SPEAKERS	• (5W)	• (3W)	•
USB PORT	•	•	•
CONSOLE APPS (SEE RIGHT)	•	•	•
VIRTUAL ACTIVE™ INTEGRATED	•	•	•
VIAFIT™ CONNECTIVITY	•	•	•
PASSPORT™ READY	•	•	•
WIRELESS HEART RATE	•	•	•
POLAR® HR STRAP INCLUDED	•	•	•
READING RACK	•	•	•
ENERGY SAVER MODE	•	•	•
HOME WARRANTY	5 years parts / 2 years I	abor	



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This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.





A More Relaxed Way to Ride



Discover a more relaxed way to ride with a stable, versatile step-through bike that offers a recumbent design to comfortably distribute weight and maximize support.





	R 50	R30	
FRAME	Dual Form [™] step-through recumbent		
PEDAL TYPE	Self-balancing with adjustable st	raps	
SEAT TYPE	Comfort Arc™ Seat with oversized reclining mesh seatback	Comfort Arc Seat with mesh seatback	
SEAT ADJUSTMENT	Fore / Aft via easy-adjust lever		
FLYWHEEL	N/A	10.5 kg / 23.1 lbs.	
RESISTANCE SYSTEM	Exact Force™ Induction Brake	ECB magnetic braking system	
RESISTANCE LEVELS	30 levels, electronic 20 levels, electronic		
HANDLEBAR TYPE	Seat-mounted with heart rate gri resistance toggles, front assist h		
EXTRAS	Water bottle holder, step-assist platform	Water bottle holder	
DIMENSIONS (L × W × H)	160 x 65 x 123 cm / 63" x 25.6"	x 48.4"	
PRODUCT WEIGHT	78 kg / 172 lbs.	70 kg / 155 lbs.	
USER WEIGHT CAPACITY	159 kg / 350 lbs.		
HOME WARRANTY	Lifetime frame, 7 years parts, 2 years labor	Lifetime frame, 5 years parts, 2 years labor	
CONSOLE	Choose from three console options to customize your workout experience. See reverse for more information.		

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Our Dual Form™ Frame significantly improves rider stability over single-post designs and offers a low step-through height for easy access.



Our Comfort Arc™ Seat is ergonomically molded to provide unmatched comfort, support and balance during workouts.



Exact Force™ Induction Brake offers instant, smooth, precise resistance changes at the push of a button, and with no moving parts, it's quieter and more durable as well.







XIR

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XER

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ΧR

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CONSOLES	XIR	XER	XR
DISPLAY	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	• (11)	• (10)	(5)
BLUETOOTH ENABLED	•	•	•
SPEAKERS	• (5W)	• (3W)	•
USB PORT	•	•	•
CONSOLE APPS (SEE RIGHT)	•	•	•
VIRTUAL ACTIVE™ INTEGRATED	•	•	•
VIAFIT™ CONNECTIVITY	•	•	•
PASSPORT™ READY	•	•	•
WIRELESS HEART RATE	•	•	•
POLAR® HR STRAP INCLUDED	•	•	•
READING RACK	•	•	•
ENERGY SAVER MODE	•	•	•
HOME WARRANTY	5 years parts / 2 years I	abor	



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A Better Ride By Design



Experience a better ride by design with the unmatched ergonomics of the industry's most stable, comfortable and versatile step-through bikes.







	U 50	U 30	
FRAME	Dual Form [™] step-through upright		
PEDAL TYPE	Self-balancing with adjustable st	raps, interchangeable	
SEAT TYPE	Comfort Arc [™] upright seat, interc	changeable	
SEAT ADJUSTMENT	Up / down via easy-lift lever	Up / down via turn and pull knob	
FLYWHEEL	N/A	10.5 kg / 23.1 lbs.	
RESISTANCE SYSTEM	Exact Force™ Induction Brake	ECB magnetic braking system	
RESISTANCE LEVELS	30 levels, electronic	20 levels, electronic	
HANDLEBAR TYPE	Multi-position with resistance toggles and heart rate grips, adjustable console height, interchangeable		
EXTRAS	Water bottle holder		
DIMENSIONS (L × W × H)	109 x 64 x 120 cm / 43" x 25.2"	x 47.2"	
PRODUCT WEIGHT	55 kg / 122 lbs.	52 kg / 115 lbs.	
USER WEIGHT CAPACITY	159 kg / 350 lbs.		
HOME WARRANTY	Lifetime frame, 7 years parts, 2 years labor	Lifetime frame, 5 years parts, 2 years labor	
CONSOLE	Choose from three console options to customize your workout experience. See reverse for more information.		

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CONSOLES	XIR	XER	XR
DISPLAY	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	• (11)	• (10)	(5)
BLUETOOTH ENABLED	•	•	•
SPEAKERS	• (5W)	• (3W)	•
USB PORT	•	•	•
CONSOLE APPS (SEE RIGHT)	•	•	•
VIRTUAL ACTIVE™ INTEGRATED	•	•	•
VIAFIT™ CONNECTIVITY	•	•	•
PASSPORT™ READY	•	•	•
WIRELESS HEART RATE	•	•	•
POLAR® HR STRAP INCLUDED	•	•	•
READING RACK	•	•	•
ENERGY SAVER MODE	•	•	•
HOME WARRANTY	5 years parts / 2 years I	abor	



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