Contour® L5 Ltd. Inversion Table



Our top-of-the-line inversion table features an extra-long handle that reduces the need to bend to secure the ankles. The Teeter Contour L5 Ltd. offers a premium inversion experience with a modern twist on a classic design: its sleek, curved frame and one-click balance feature enhances ease of use and adjustability for the smoothest rotation and control. The EZ-Reach Ankle System makes securing the ankles easy and comfortable, thanks to its micro-adjusting ratchet and Ergo-Embrace Cups with specialty foam and pressure-reducing design. EZ-Angle Tether marks pre-set angles of inversion at 20, 40 and 60 degrees.

Unique or Added Value Features



One-Click Balance Feature

One click transforms the balance point to accommodate users of different shapes and sizes without the need to remove the bed from the frame.



Ergonomic FlexTech™ Bed

Patented design moves with you, accommodating stretches for greater range of motion, encouraging realignment and relaxed muscles. An adjustable pillow included for comfort.



Ergo-Embrace Ankle System

Triple-lock security and an extended handle reduces the need to bend when securing the ankles. Ergo-Embrace cups made of speciality, pressure-reducing foam hold the user in comfort.



Acupressure Nodes & Decompression Arch

Add healing pressure and added support for the lower back or curve of the neck to enhance decompression benefits.

Built for the Benefits

Patent-Pending Pivot System

Auto-locking hinges, cam locks, specialized pivot bearings and heat-treated steel parts ensure durability and reliability.

Sleek Frame Design

Creates both an aesthetic and functional benefit - the style is like none other in the market and the curve of the front legs allow easier mounting and dismounting.

Precision Balancing with Pre-Set Rotation Control

One-of-a-kind engineering offers smooth rotation and controlled lockout in full inversion. Adjustable EZ-Angle tether marks preset angles at 20, 40 and 60 degrees for accurate adjustment.

Secure & Comfortable Ankle Support

The pressure-reducing Ergo-Embrace Supports surround the ankles, distributing body weight comfortably around the foot and heel for a relaxing and secure user experience. The foot platform design dials up or down for smaller or larger feet, allowing a comfortable and secure fit.

Stable Base & Quick-Fold Storage

The heavy-duty steel base is coated in a scratch-resistant finish and features stability feet that help protect your floors. Folds for storage in just a few seconds.

Height Capacity	4'8" - 6'6" (142-198 cm)
Weight Capacity	300 lb (136 kg)
Packaged Dims	49.5 x 30.0 x 8.5 in (125.7 x 76.2 x 21.6 cm)
Packaged Weight	80.0 lb (36.3 kg)
Item / UPC	CN1005 / 759265034789
Value Added	Instructional DVD w/ 5 Healthy Back Routines, Glossy Owner's Manual
Warranty	5-Year

