



WATER ROWING MACHINE

CRW800H2O



COMMERCIAL-GRADE  
HANDLE DESIGN



FLUID RESISTANCE



ADJUSTABLE FOOT PEDALS

The new SPIRIT Fitness CRW800H2O Water Rowing Machine is a fresh take on one of the most popular full-body workouts available. Constructed with a heavy-duty steel frame and aluminum tracks, this rower is built to last while delivering smooth and quiet performance time and time again. The water tank provides up to 6 levels of resistance, and is positioned at a 45-degree angle to provide an increased range of resistance compared to other rowers on the market. The large flexing foot pedals, comfortable padded handle, and generous 15" seat height make the CRW800H2O one of the most comfortable and accessible commercial rowers available.

## CRW800H2O WATER ROWING MACHINE

- 6 levels of water resistance
- Heavy-duty steel frame can be positioned upright for storage
- Adjustable console provides the perfect viewing angle
- Commercial grade padded handlebar is both comfortable and durable
- Aluminum tracks for quiet and smooth performance
- Large flexing foot pedals and adjustable straps keep feet secure
- Raised 15" seat height gets users on and off with ease
- Large ergonomically molded seat for ultimate comfort
- Tank is pressure tested for long-lasting performance, and angled at 45 degrees to increase range of resistance compared to flat tank designs

**SPIRIT** | 40 YEARS



## CRW800H2O CONSOLE FEATURES

The new CRW800H2O console features a large, easy-to-read 5.5" LCD and an adjustable viewing angle, ensuring athletes have access to vital workout data when and where it matters most. Clearly marked sections display data including Time, Distance, Calories, Pulse, SPM, Total Strokes, Watts, 500 Time / Avg Time 500, and Level. With 5 pre-programmed workouts and optional manual settings, users of all levels stay engaged and at the peak of their training. The CRW800H2O console also automatically detects strokes, so getting started is as easy as sitting down and pulling on the handlebar.

### EQUIPMENT SPECIFICATIONS

<b>Console</b>	5.5" LCD, adjustable console angle and height
<b>Programs</b>	manual, target time, target distance, target stroke, target calories, target HR
<b>Heart Rate</b>	telemetric compatible (chest strap sold separately)
<b>Resistance</b>	6 water levels
<b>Power</b>	4 AA batteries (included)
<b>Seat</b>	ergonomically molded seat
<b>Pedals</b>	flex pedals with numbered settings
<b>Frame</b>	heavy-duty frame with durable aluminum slide rails
<b>Seat Travel</b>	28.5"
<b>Rail Length</b>	40.5"
<b>Dimensions</b>	79" L x 20" W x 35" H
<b>Product Weight</b>	76 lb
<b>Max User Weight</b>	375 lb

**WARRANTY INFORMATION** Commercial (Non-Dues Paying Facilities) – Lifetime frame, 5 years parts and electronics, and 2 years labor  
Prisons and correctional facilities are excluded from warranty coverage.